

# Wolverhampton Information, Advice and Support Service

*“For Special Educational Needs and Disability”*



**Local activities and organisations  
for children and young people with  
SEND in Wolverhampton**

**Email: [ias.service@wolverhampton.gov.uk](mailto:ias.service@wolverhampton.gov.uk)**

**Tel: 01902 556945**

**[Contact Us Online Form](#)**

# Please Note!

- These are just some of the activities and organisations WIASS is aware of.
- We encourage you to check with the direct providers or organisations to ensure they are able to support your child or young person's needs.
- Please do follow our social media pages, where we post regular updates regarding SEND organisations and upcoming activities within our local region.

**Instagram: @wolves.iass**

**Twitter & Facebook: @wolvesiass**



# Let Us Play

[Let Us Play - Wolverhampton | Supporting local disabled children and their families \(lupwolverhampton.org.uk\)](http://lupwolverhampton.org.uk)

Provides craft, leisure and sport activities for children with Special Needs and Disabilities (SEND).



Also offer a twice monthly parents group which allows parents to meet whilst enjoying a craft activity, lunch or walk.



Often have spaces for siblings on our activities as we understand that shared sibling experiences build a close bond and shared memories.



# Reach and Unite Outreach and Empowerment

RUOE are a Wolverhampton organisation offering after school and holiday clubs specifically for children and young people with SEND and SEMH.

Their activities include swimming, boxing, forest school, dance, water sports, camping and many more.

Funded places are available for low income families.

Website: [Local Childcare](https://www.localchildcare.co.uk/) | [Reach And Unite Outreach And Empowerment Cic](https://www.reachandunite.org/) | [Wolverhampton](https://www.wolverhampton.gov.uk/) ([ruoreachandunite.org](https://www.ruoreachandunite.org/))



**HOLIDAY CLUB ACTIVITY**  
Holiday club activities vary each day and include indoor and outdoor fun such as boxing, dance, team building activities, water sports, camping, trips, forest school, creative sessions, and much more...

**CONTACT US**  
07984591881/ 07954092466  
Email: [info@ruoreachandunite.org](mailto:info@ruoreachandunite.org)  
Instagram: @ruoe\_afterschool\_activityclub  
Facebook: Reach and Unite Outreach and Empowerment CIC



**Reach and Unite**  
Outreach and Empowerment CIC

**A PLACE FOR EVERY CHILD**  
Specialising in SEND & SEMH childcare

**OPENING HOURS**  
Monday 3pm - 6pm - Boxing £7.00  
Tuesday 3pm - 6pm - Dance £7.00  
Wednesday 3pm - 6pm - Swimming £7.00  
Thursday 3pm - 6pm - Forest school £7.00  
Friday 3pm - 6pm - Paid activities £15.00  
3pm - 6:30pm - Activity club £7.00  
3pm - 6pm - Childcare £7.00  
9am - 3pm - Holiday club £15.00

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**Include MeToo** ...invites you to have **TIMEOUT!**  
Make new friends, learn new things and have FUN!

Inclusion • Diversity • Equality • Adventures

Come and join us for Time Out activities for disabled children and young people aged 3 - 19 years old. They will be taking place on various dates during Summer Term.

<b>Tues 26th July 22</b> Zip Wiring, Abseiling, Canoeing and lots of Fun at Woodlands Adventure 10.00am to 4.30pm Transport provided	<b>Sun 7th Aug 22</b> Cinema 10.00am - 1.00pm Transport provided
<b>Thurs 28th Jul 22</b> Dinosaur Adventure Golf 10.00am to 1.00pm	<b>Mon 8th Aug 22</b> Sailability 10.00am to 1.00pm Transport provided
<b>Sat 30th Jul 22</b> Surfability Inclusive Surfing & Seaside Fun 9.00am to 7.00pm Transport provided	<b>Tues 9th Aug 22</b> Rupert the Therapy Horse & Plant Pots Art 10.00am to 1.00pm Transport provided
<b>Tues 2nd Aug 22</b> Bollywood Dancing & African Drumming 10.00am to 1.00pm	<b>Thurs 11th Aug</b> Drayton Manor Theme Park 9.00am to 4.00pm Transport provided
<b>Fri 5th Aug 22</b> Challenge Academy Nets Adventure & Ground Challenge 9.45am - 12.15pm	<b>Fri 12th Aug 22</b> Circus Skills Fun 10.00am to 1.00pm
<b>Wed 3rd Aug 22</b> Safari Park 10.00am - 4.00pm Transport provided	

**SOCIAL GROUP FOR DISABLED YOUNG PEOPLE AGED 13 YEAR TO 18 YEARS.**  
This group enjoys regular activities and trips with their friends and making new friends.  
For further details contact our team on 07940 367753.  
"THINGS THEY LIKE TO DO AND PLACES THEY WOULD LIKE TO GO"

Supported by **BBC Children in Need**  
© BBC 2007 Reg. Charity England & Wales no. 800552 and Scotland no. SC039557

Please complete and return to Include Me Too, Newhampton Arts Centre, Dunkley Street, Wolverhampton, West Midlands WV1 4AN. You can also email [im2@includemetoo.org.uk](mailto:im2@includemetoo.org.uk) or contact us on 07940 367753 to book a place by Monday 18th July 2022.  
(Please note places are limited so please book with us as soon as possible). THANK YOU

**EMOTIONAL AND WELLBEING HOLISTIC SENSORY THERAPEUTIC SUPPORT**

A NEW EMOTIONAL AND WELLBEING SUPPORT SERVICE FOR DISABLED CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES IS BEING LAUNCHED IN WOLVERHAMPTON

The service aims to help disabled children, young people and their siblings better understand and manage their emotions and feelings through a series of sensory and holistic interventions.

A range of resources will be provided including:

- IM2 Sensory Therapeutic POD with a range sensory and relaxation resources
- Yoga and meditation
- Grounding techniques
- Interactive workshops
- Creating sensory safe spaces

Families will need to register for this free service and places are limited due to the commitment required from each family to complete the programme.

For more information, contact the team **07940 367753** or email Mina Patel via [im2@includemetoo.org.uk](mailto:im2@includemetoo.org.uk)





 [INCLUDEMETOO.ORG.UK](http://INCLUDEMETOO.ORG.UK)
 @INCLUDEMETOO
  @IMTOO
  INCLUDEMETOOCHARITY

# Include Me Too

Include Me TOO Our vision is a disability friendly, inclusive and safe society for all.

Supports disabled children, young people and their families from diverse range of backgrounds.

Provides activities for children including Canoeing, Zip wiring, Surfing, Tobogganing, Bollywood Dance sessions, Music sessions, Arts and Crafts, Yoga sessions, Theme Fun days, Cinema and theatre outings.

Also supports families through outreach programme, advocacy, training and workshops.





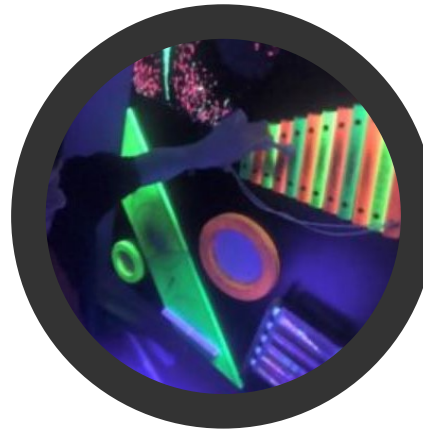
# Give Us a Break

[Give Us a Break \(guab.uk\)](http://guab.uk)

Wolverhampton charity run by volunteers to provide activities for children and young people with severe and complex learning difficulties.

They offer a range of weekend and evening activities including crafts, baking, soft play, swimming, plus visits to farms, woodlands, theme parks and zoo's.

Find out more and how to join at <http://guab.uk/>





# Animal Assisted Activities

WELLBEING WITH ANIMALS

Animal Assisted Activities are well-being sessions with Animals for Children & Young People with SEN needs or under 7's

**HugglePets**  
in the community



## Huggle Pets in the Community

HugglePets in the Community provides Animal Assisted Therapy and Interventions for people who live with a mental health problem or special educational need.

Offers animal assisted therapy, intervention, activities, educational workshops and SEND stay and play sessions.

Website: [HugglePets in the Community](https://www.hugglepets.co.uk/)

# Parkride with Midlands Mencap

Based at Sutton Park and Cannock Chase.

Free access to adapted and mainstream bikes.

No matter your age or ability.

Parkride runs every Monday and Wednesday  
between 4pm and 6pm.

To book in at a session email [parkride@midlandmencap.org.uk](mailto:parkride@midlandmencap.org.uk)

Website: [Parkride - Midland Mencap](http://Parkride - Midland Mencap)



## Parkride

Join us for accessible cycling sessions across parks in the West Midlands.

Each session is 50 minutes long, between 11am - 3pm. Meet new people, use our inclusive bikes and trikes and have fun.

- West Park, Wolverhampton - 22nd Feb
- Tudor Grange, Solihull - 23rd Feb
- Mary Stevens Park, Stourbridge - 24th Feb
- Lightwoods Park, Smethwick - 25th Feb

*All sessions must be pre-booked.*



**FREE**



For more information:

☎ 0121 442 2944

✉ [parkride@midlandmencap.org.uk](mailto:parkride@midlandmencap.org.uk)





# Sassy Sensory Surprises

Sassy Sensory Surprise offer fun sensory experiences for children and young people with SEND across Wolverhampton.

Sessions include Sensory calming, smile, gaming, swimming and sports to provide movement and exploration whilst stimulating the senses.

Website: <https://sassysensorysurprises.co.uk>



# Wildside Activity Centre

Wildside Activity Centre – All ages, all abilities reconnecting you to nature

Situated in Whitmore Reans Wolverhampton, Wildside Activity Centre is an outdoor and environmental education centre.

Surrounded by differing natural habitats including woodland, meadow, grassland and waterside habitats in the adjacent canal. All of these provide exciting opportunities for outdoor learning.

Activities include narrowboat rides, den building, bat walks, canoeing, campfire, bug hunts and creative arts.





# Sycamore Adventure

Adventure playground located in Old Park Farm Estate, Dudley.

Fully accessible outdoor playground including water play, sand play, trampolines, cycle path and woodlands.

Indoor club house includes a soft play lights sensory room, library, arts corner and games of table football and ping pong.

Sycamore Adventure schedule two weekly SEND specific sessions regularly host seasonal events throughout the year.

Website: [Play | Sycamore Adventure](#)

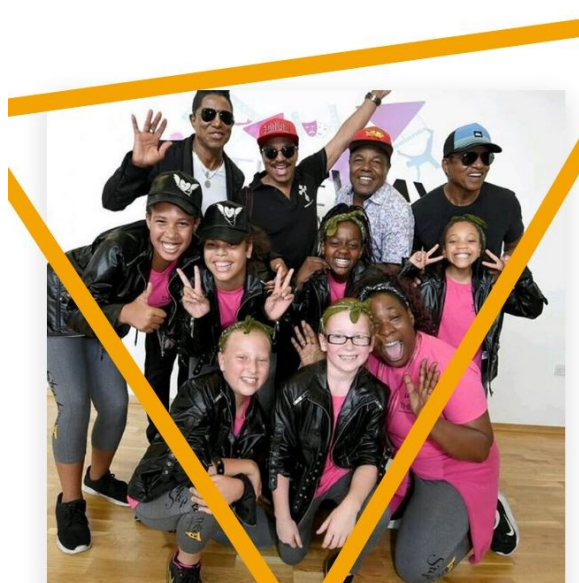




# The Way Youth Zone

A youth-led, state of the art space for young people aged 8-19 (up to 25 with a disability) located in Wolverhampton.

Open 7 days a week providing activities including sports, arts, music production, boxing, teen gym, cooking, sewing, climbing wall and disability sensory room.



SEND family sessions occur weekly  
Saturday 10.00am to 12.30pm.

Website: [The Way Youth Zone](http://The Way Youth Zone)

Call: 01902 328290

*The Way Youth Zone  
School Street  
WV3 0NR*



# Gazebo Theatre

Gazebo Theatre offers children and young people of Wolverhampton theatre arts (including performance and puppetry), games and community activities.

Based in Bilston, with sessions across the city, Gazebo's offer includes youth clubs, drama clubs and community activities in a safe space for your child to be creative, make friends and have fun.

<https://www.facebook.com/Gazebotheatre/>



\*NB. A parent/ carer consent form will be required for those under 16 & limited places are first come first served





# Wolves Foundation

[Wolverhampton Wanderers FC](http://Wolverhampton Wanderers FC)  
[wolves.co.uk](http://wolves.co.uk)

Provide community outreach activities including SEN Stay and Play events and the Wolves Youth Disability football scheme.

With the Princes Trust they also provide a 12-week personal development course for 16-25 year olds, offering work experience, qualifications, practical skills, community projects and a residential week.

The partnership between the Princes Trust, Football Club and Foundation enables young people to develop their self-esteem, motivation and team work skills when participating in the Team programme.





# Adventure Street

Adventure Street, near Wolverhampton, is a beautifully designed child size play town.

A great place for children bursting with imagination. Play alongside your child while they serve you barista style coffee, give you a new makeover and even tend to the horses at Baggeridge's first child sized stables.

[SEND sessions are available.](#)

Booking is essential. Call: 01902 883082





The Switch Squad is a new programme specifically designed and delivered by the team from Switch Midlands.



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# Switch Midlands

No Caps is a 'girls only group' that provides a safe space for 11-16 year olds to come together and develop trusting and positive relationships with one another.

The ethos of the group is proactive promotion of well-being and empowerment, with the approach being based on meeting the needs of each young person.

Through using shared and sociable activities – it gives an opportunity to help support the group with aspects of positive empowerment, for example topics such as personal safety, understanding consent, understanding self-worth, body positivity, the difference between positive/ negative relationships and developing life skills.

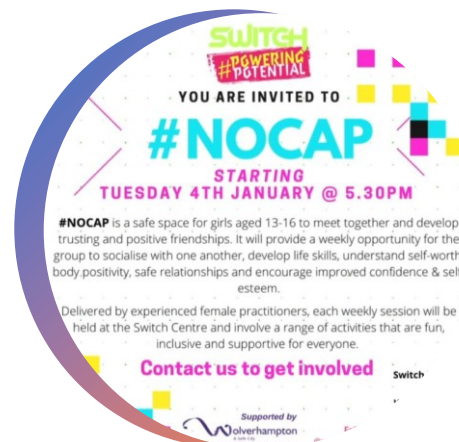
The project is led by experienced female practitioners who are trained professionals that work extensively with children and young people.

Places are limited, so please book a space in advance. For more details email [hello@switchmidlands.com](mailto:hello@switchmidlands.com)

Switch also offer relationship and well- being programmes for primary and secondary schools to help develop pupils into independent and caring individuals who are able to navigate life successfully, enabling them to make healthy life choices and build strong, respectful relationships with peers and adults.

Website: [Switch Midlands – #poweringpotential](https://www.switchmidlands.com/#poweringpotential)

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**FUNTOPIA**  
Big day out for little kids

Autism Fr  
Sess  
10:30am-  
Main  
11:30am

**Only £5 per**

ENTS THROUGHOUT THE MID  
MANCS, YORKS, LINGS, NOTTS, D  
SHIRE, STAFFS, LEICS, WORCS, W  
ORTHANTS, BEDS, OXFORDS &

**AUTIS  
FRIEND  
Session**

Follow our FB page for full event de  
& ticket sales

@Funtopiauk

\*£5 Tickets are for the Autism Ses  
Main Event tickets are priced sep

## Funtopia at Walsall Arboretum 10 June

Join Funtopia's Autism Friendly session Saturday 10 June at Walsall Arboretum for an exciting day of inflatables, giant games, stage shows and sensory activities.

Tickets are £5 per child and can be ordered [via their Facebook page](#).

## Cineworld Cinema, Wednesfield Bentley Bridge

On the first Sunday of each month at 11:00am, Cineworld Cinema hosts an Autism Friendly screening of their latest children's action, adventure, animation or comedy release.

During the film lighting will be kept on, volume levels reduced and there will be no advertisements or trailers. Seating will not be allocated. Customers are allowed to bring in their own food.

Book your tickets via the [Cineworld Website](#).



# Accessible Theatre Performances

Relaxed and accessible performances for theatre lovers who have a physical disability, sight or hearing loss, or learning disabilities.

Performances available include BSL interpreted, audio described, touch tours, captioned and relaxed performances.

## Grand Theatre

[upcoming performances:](#)

Sister Act

The SpongeBob Musical

The Ocean at the End of the Lane

Annie the Musical

Peter Pan Goes Wrong

Snow White Pantomime

## Birmingham Hippodrome

[upcoming performances:](#)

Winnie The Pooh

Six the Musical

Disney's The Lion King

Everybody's Talking About Jamie

Charlie and the Chocolate Factory

Life of Pi

Jack and the Beanstalk

Dear Santa





# Expanding your understanding of SEND conditions

## ADHD Foundation

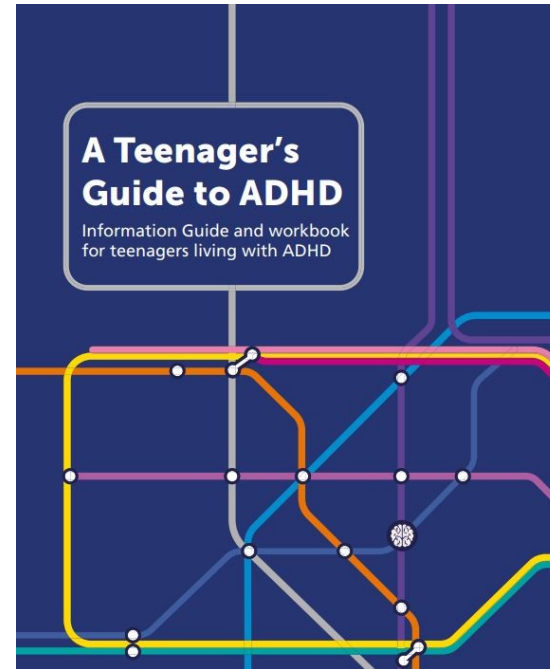
[ADHD Foundation](https://www.adhdfoundation.org.uk/)

Their website offers support, resources and guides for parents, children, adults and professionals in all stages of education and employment.

They host training, clinics and online workshops to support an individual with ADHD.

Work in partnership with agencies across all public services and business sectors, to create a paradigm shift in health, education and employment.

Working with Government, our partner agencies and service users, they aim influence policy and provision for the benefit of all.



## Witherslack Group

[Witherslack Group - Witherslack Group](https://www.witherslackgroup.co.uk/)

Their website provides a wealth of information and resources on special needs conditions, strategies, case studies.

They regularly host virtual webinars with visiting professionals from SEND organisations for parents, carers and teaching staff to learn more regarding conditions of Autism, ADHD and Social, Emotional and Mental Health.

# Autism West Midlands

Autism West Midlands offers a library of factsheets and guides to support parents and carers in understanding Autistic Spectrum Condition. Topics include food and diet, stimming, behaviour, self injury, sensory issues, transitions and communication.

They host regular virtual and in person community sessions and training programmes to support parents of children and young people with Autism.

Their 'Autism Confident' eight programme is available to 13- 18 year olds within the Black Country to develop understanding of their condition, social communication, dealing with anxiety, transitions and sensory awareness.



# National Deaf Children's Society

[National Deaf Children's Society | supporting deaf children \(ndcs.org.uk\)](https://ndcs.org.uk)

Help families give the best possible support to their deaf child every step of the way.

Services include training, resources, helpline, community workshops, financial grants and assistive technology.

The National Deaf Children's Society have a library of learning videos available on their YouTube channel. You will learn all the basics including alphabet, family, food, animals, colours, transport, feelings, weather, everyday conversation and what we do.

To access their free videos visit:

[England Family Sign Language Course - YouTube](https://www.youtube.com/watch?v=...)



# National Autistic Society

[National Autistic Society \(autism.org.uk\)](https://autism.org.uk)

Providing support, guidance and advice, as well as campaigning for improved rights, services and opportunities to help create a society that works for autistic people.





# Challenging Behaviour Foundation

The Challenging Behaviour Foundation offers parents of children with severe learning difficulties valuable information on specific challenging behaviours and what strategies can be implemented to reduce and minimise such behaviours including self injury, spitting, running off, sexualised behaviour and Pica.

Website: [Homepage for the Challenging Behaviour Foundation](https://www.challengingbehaviour.org.uk/)

## Video resource: An introduction to challenging behaviour

What is challenging behaviour? Why exactly does it happen? What can be done about it? Watch our 40 minute video introduction to challenging behaviour associated with severe learning disabilities.



# Cerebra

Cerebra offers a wide range of support and services to support the families of children with a brain condition.

They offer a wealth of resource guides on sensory processing, sleep support and challenging behaviours, as well as provide their sleep support service, sensory toys free library, innovation centre and legal rights service.



# Understanding Autism: Parent & carer training programme

## Barnardos Cygnet

### Parent Support Programme

[Cygnet Programme \(barnardos-parenting.org.uk\)](https://barnardos-parenting.org.uk)

Supports parents and carers of children with Autism.

The free course focuses on topics of communication, sensory needs and understanding and supporting behaviour.

The course allows you to understand your child's perspective and view on the world as well as opportunity to develop supportive relationships with other parents.



## Tettenhall Wood

### Early Bird Programme

[Tettenhall Wood School | EarlyBird Plus](https://autism.org.uk)

[\(autism.org.uk\)](https://autism.org.uk)

The programme is held over approximately 3 months and aims to support families to understand autism and how children experience the world around them, develop interactions and communication with their child and understand their child's behaviour.



National  
Autistic  
Society

EarlyBird  
Plus  
Licensed





# Community Support Groups

## Embrace Autism group

email Deborah baker

[Debra.Baker@wolverhampton.gov.uk](mailto:Debra.Baker@wolverhampton.gov.uk)

Support group with monthly coffee mornings for parents and carers of children with ASD.

Opportunity to meet other parents and professionals as they discuss ASD challenges and the support available to you.

Based in SNEYS Warstones Primary School.



## Parent and Carer Support

### Group- Walsall,

### Wolverhampton and surrounding areas

[Front Page - Parent & Carer Support Group \(Walsall, Wolverhampton & surrounding areas\)](http://walsallwtonpcg.co.uk)

Aims to connect members, potential new members and where appropriate professionals to local services and organisations from relevant sectors.

Provides coffee mornings, peer support groups and social nights for parents and carers with disabled children.



## Voice 4 Parents

Voice4Parents is a Parent Carer Forum and steering group. Membership is made up of parents and carers whose children have a wide range of additional needs.

Their aim is to improve and shape future services for children and young people with special educational needs and disabilities (SEND) by working in coproduction with service providers across education, health and social care. They do this by representing the views of the wider group of parents and carers. We are part of the regional and National Network of parent carer.

Voice 4 Parents also offers regular community activity events for its members including parent and carer coffee mornings, days out, swimming, cinema trips, sensory play, bowling and crafts.



*'giving a voice to parents & carers of children with additional needs'*