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As part of our school's Personal, Social, Health and Economic education (PSHE), children in Years 1 to 6 will be covering the topic *Dreams and Goals*, during **Summer Term 2**. The table below outlines some of the themes covered during the lessons.

As part of the personal development of our children, we ensure children are aware of the wide range of career possibilities open to them to build aspiration and set goals. We encourage children to make a link between what they want in life, how they can achieve that, and the part school plays in this.

| Year 1 | Children talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. Children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. They discuss partner working and how to do this well. | Year 4 | Children talk about their hopes and dreams. They discuss how it feels when dreams don't come true and how to cope with / overcome feelings of disappointment. Children talk about making new plans and setting new goals even if they have been disappointed. The class talk about group work and overcoming challenges together. They reflect on their successes and the feelings associated with overcoming a challenge. |
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| Year 2 | Children talk about setting realistic goals and how they can achieve them. They discuss perseverance when they find things difficult as well as recognising their strengths as a learner. Children talk about group work and reflect on who they work well with and who they don't. They also talk about sharing success with other people. | Year 5 | Children share their dreams and goals and how they might need money to help them achieve them. They consider jobs that people they know do, they look at the fact that some jobs pay more money than others and reflect on what types of jobs they might like to do when they are older. Children look at the similarities and differences between themselves (and their dreams and goals) and someone from a different culture |
| Year 3 | Children look at examples of people who have overcome challenges to achieve success and discuss what they can learn from these stories. Children identify their own dreams and ambitions and discuss how it will feel when they achieve them. They talk about facing learning challenges and identify their own strategies for overcoming these. Children talk about obstacles which might stop them from achieving their goals and how to overcome these. They reflect on their progress and successes and identify what they could do better next time. | Year 6 | Children share their own strengths and further stretching themselves by setting challenging and realistic goals. They discuss the learning steps they will need to take as well as talking about how to stay motivated. Children reflect on various global issues and explore places where people may be suffering or living in difficult situations; whilst doing this, they reflect on their own emotions linked to this learning. Children also discover what they think their classmates like and admire about them, as well as working on giving others praise and compliments. |